





## WEARING PERSONAL PROTECTION EQUIPEMENT IN A HOT ZONE

**Before entering the room/zone:** hair tied back, no jewellery

|   |  |   |
|---|--|---|
| 1 | Wash or disinfect your hands   |    |
| 2 | Wear a disposable or washable gown and make sure it is properly attached   |    |
| 3 | Put on a procedure mask (if you have not done it at your arrival): must cover your nose and chin <ul style="list-style-type: none"><li>• Always change your mask if soiled or wet</li><li>• Maximum use: 4 h</li><li>• Perform hand hygiene every time you touch your mask</li></ul> |   |
| 4 | Wear eye protection <ul style="list-style-type: none"><li>• Always wash it if soiled</li><li>• Discard and replace if visibly soiled, damaged or difficult to see through</li><li>• Perform hand hygiene every time you touch your eye protection</li></ul>                          |  |
| 5 | Put on gloves <ul style="list-style-type: none"><li>• Wear nitrile gloves</li></ul>  |  |

## REMOVING PERSONAL PROTECTION EQUIPEMENT IN A HOT ZONE

### Before leaving the room/zone

|   |   |   |
|---|---|---|
| 1 | Remove your gloves and discard them in the waste bin  |    |
| 2 | Wash or disinfect your hands  |    |
| 3 | Keep and clean your eye protection if necessary, following the required procedure<br>Discard if visibly soiled, damaged or difficult to see through |    |
| 4 | Remove your protective gown and discard it in the waste bin<br>If washable, place it in the dirty laundry bin in the room                           |   |
| 5 | Wash or disinfect your hands  |  |
| 6 | Enlever le masque de procédure à la sortie de la zone chaude  |  |
| 7 | Wash or disinfect your hands  |  |
| 8 | Put on a clean mask and discard it after leaving the building   |  |